



**THERMAL<sup>®</sup>  
BRACES**

**HOT/COLD  
BRACES**

P R O F E S S I O N A L THERMALBRACES.COM

**THESE ARE MEDICAL DEVICES.  
USE THEM ACCORDING TO THE INSTRUCTIONS  
FOR USE OR LABEL.**

# PROFESSIONAL THERMAL BRACES HOT/ICE THERAPY

## WHY HOT BRACES?

Thermal Braces® are the best combination of hot treatment. They combine the effectiveness of compression together with benefits of hot pack.

Thermal Braces® are useful in case of treating both chronic condition or rehabilitation program and injury prevention. Wrap around design provides effective adjustment to target the compression for a custom fit.

## WHY ICING?

Ice is one of the most commonly used treatment interventions following injuries. Nearly anyone who plays sport has heard the term RICE. We know that „I” means icing, which is “must-have” action in both acute injury and rehabilitation program. Ice is a therapeutic agent used in medicine as an integral part of injury treatment and rehabilitation. Immediate application of ice after injury improves production of local tissue analgesia and reduces the pain and swelling during the inflammatory response after injury.

## HOW DO THEY WORK?

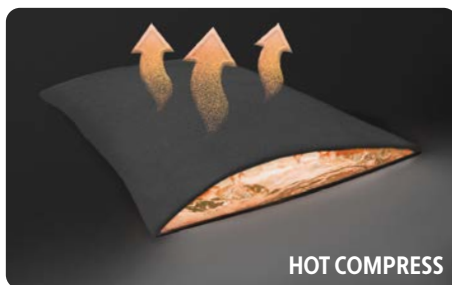
Thermal Braces® offers increased tissue elasticity and improves blood flow. The braces consist of 2 parts:

### 1 INNOVATIVE WRAP AROUND BRACE

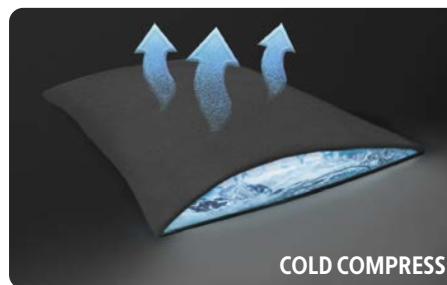


Made of UniPren™. Universal size brace is easy to adjust. It provides excellent compression and enhances healing by keeping the hot temperature. The UniPren™ fabric is waterproof and keeps your clothes dry.

### 2 GEL PACK OR THE BAG WITH AIR-RELEASE VALVE



**HOT GEL PACK** - It can be heat fast, after only seconds in the hot water or microwave. It is reusable and high durable product.



**COLD GEL PACK** - keep a cold pack in the freezer for immediate use when you need an ice pack and enjoy the cold therapy benefits!



**NOTE!** - If chronic inflammation presents, it is recommended to use the bag as a part of heat therapy. To do this, fill the bag with hot water and apply it to the painful area. The heat constant temperature reduces pain and relaxes muscles and limits the cramps.

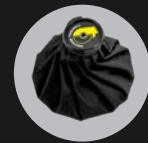


**THE BAG WITH AIR-RELEASE VALVE** - fill the bag with crushed ice and put on your injured area. Wrap the brace around your body. Press the valve and remove air pockets, delivering precise and uniform icing. Icing thermal braces may be used in two ways.

These are medical devices.  
Use them according to the instructions for use or label.

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The bag  
with  
air-release  
valve



Gel pack

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# HOT/COLD THERAPY BACK BRACE

## INDICATION :

### HOT THERAPY OPTION:

- /chronic muscles pain e.g. sciatica (excluded acute inflammation),
- /muscle tensions, cramps,
- /menstrual pain,
- /rheumatoid arthritis (RA),
- /cold sensation.

### COLD THERAPY OPTION:

- /treat and prevent of lower back pain,
- /spinal discopathy,
- /degenerative disc disease,
- /overused muscles,
- /strain/sprain muscles.



LSO

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# THERMAL BACK BRACE



## TB-01

Thermal brace TB-01 is more than compression! Ice bag filled with crush ice or cold compress provide excellent cold therapy, reduce pain and inflammation. Wrap around design offers easy using and provides effective compression. The brace in option with ice bag is equipped with air-release valve provide perfect fitting. The brace is made of innovative UniPren which maintains cool temperature of your lower back and improves healing.

**NOTE!** If chronic inflammation presents, it is recommended to use the bag as a part of heat therapy. To do this, fill the bag with hot water and apply it to the painful area. The heat constant temperature reduces pain and relaxes muscles and limits the cramps.

**HOT/COLD  
BAG WITH  
AIR-RELEASE  
VALVE**



## TB-21

Thermal back brace TB-21 equipped with cold hot pack offers cold and hot therapy. Gel compress may be used in 2 ways:

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.
- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

**HOT/COLD  
GEL PACK**



INNOVATIVE



CLASS I  
MEDICAL DEVICE



UNIVERSAL  
SIZE



FULL RANGE  
OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED  
BY SPECIALISTS

# HOT/COLD THERAPY SHOULDER BRACE

## INDICATION :

### HOT THERAPY OPTION:

- /chronic muscles pain,
- /muscle tensions, cramps,
- /rheumatoid arthritis (RA),
- /cold sensation,
- /shoulder degenerative conditions.

### COLD THERAPY OPTION:

- /shoulder inflammation,
- /shoulder injury,
- /rotator cuff injury,
- /shoulder instability,
- /pain, swollen joint,
- /labrum of the shoulder injury (SLAP),
- /shoulder impingement,
- /frozen shoulder,
- /shoulder surgery (arthroscopy).



SHOULDER BRACE

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# THERMAL SHOULDER BRACE



## TB-02

Thermal shoulder brace TB-02 combines compression and cryotherapy in 1 product! Our wrap around shoulder brace reduces the pain immediately. Thin neoprene brace and ice bag provide adjusted compression and ice therapy of soft tissues. Innovative air-release valve on the top of the crush ice bag improves surface contact.

**NOTE!** If chronic inflammation presents, it is recommended to use the bag as a part of heat therapy. To do this, fill the bag with hot water and apply it to the painful area. The heat constant temperature reduces pain and relaxes muscles and limits the cramps.

**HOT/COLD BAG WITH AIR-RELEASE VALVE**



## TB-22

Thermal shoulder brace TB-22 equipped with cold hot pack offers cold and hot therapy. The brace reduces the pain in case of shoulder injury or degenerative conditions. Gel compress may be used in 2 ways:

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.
- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

**HOT/COLD GEL PACK**



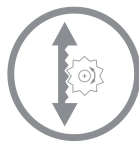
INNOVATIVE



CLASS I MEDICAL DEVICE



UNIVERSAL SIZE



FULL RANGE OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED BY SPECIALISTS

# HOT/COLD THERAPY EXTENDED SHOULDER BRACE

## INDICATION:

### HOT THERAPY OPTION:

- /chronic muscles pain,
- /muscle tensions, cramps,
- /rheumatoid arthritis (RA),
- /cold sensation,
- /shoulder degenerative conditions.

### COLD THERAPY OPTION:

- /shoulder inflammation,
- /shoulder injury,
- /rotator cuff injury,
- /shoulder instability,
- /pain, swollen joint,
- /labrum of the shoulder injury (SLAP),
- /shoulder impingement,
- /frozen shoulder, /
- /shoulder surgery (arthroscopy).



SHOULDER BRACE

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# EXTENDED THERMAL SHOULDER BRACE

These are medical devices.  
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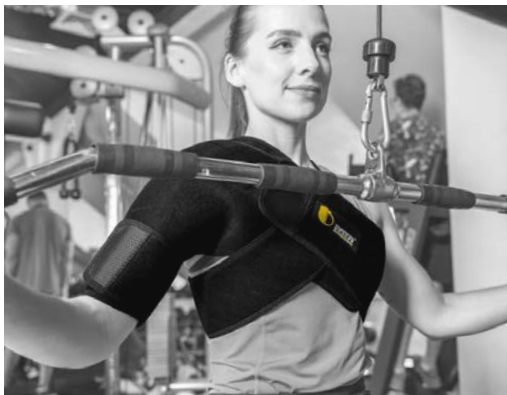


## TB-03

Extended thermal shoulder brace TB-03 combines compression and cryotherapy in 1 product! It consists of 3 parts, which provide pain relief immediately. Extended neoprene shoulder wrap allows to use 2 ice bags filled with crush ice at the same time. It molds the ice along the rotator cuff (from the front to the back of shoulder) for optimal cold treatment. The caps of the ice bags are equipped with air-release valve for perfect fitting.

**NOTE!** If chronic inflammation presents, it is recommended to use the bag as a part of heat therapy. To do this, fill the bag with hot water and apply it to the painful area. The heat constant temperature reduces pain and relaxes muscles and limits the cramps.

**HOT/COLD BAG WITH AIR-RELEASE VALVE**



## TB-23

Thermal shoulder brace TB-23, equipped with cold hot pack offers cold and hot therapy. The brace reduces the pain in case of shoulder injury or degenerative conditions. Gel compress may be used in 2 ways:

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.
- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

**HOT/COLD GEL PACK**



INNOVATIVE



CLASS I MEDICAL DEVICE



UNIVERSAL SIZE



FULL RANGE OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED BY SPECIALISTS

# HOT/COLD THERAPY KNEE BRACE

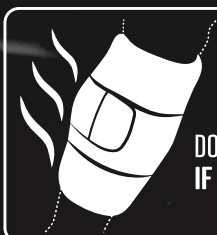
## INDICATION:

### HOT THERAPY OPTION:

- /chronic muscles pain,
- /muscle tensions, cramps,
- /rheumatoid arthritis (RA),
- /cold sensation,
- /knee degenerative conditions.

### COLD THERAPY OPTION:

- /knee sprain and strain,
- /ligaments injury (ACL, LCL, PCL, MCL),
- /jumper's knee, patellar tendinitis,
- /runner's knee, knee instability,
- /knee osteoarthritis (OA),
- /knee surgeries (arthroscopy).



**DON'T APPLY ON THE SKIN  
IF THE PRODUCT IS HOT!**



KNEE BRACE

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# THERMAL KNEE BRACE

These are medical devices.  
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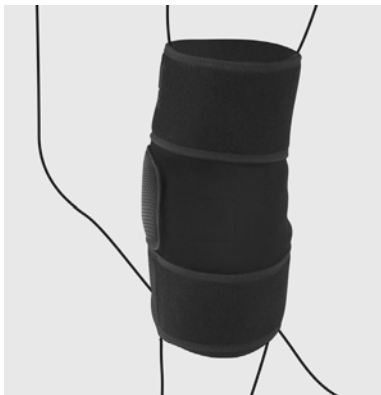


## TB-04

Thermal knee brace TB-04 is more than compression! Ice bag filled with crush ice provide excellent cold therapy, reduce pain and inflammation. Wrap around brace and ice bag with air-release valve provide perfect fitting. The brace is made of innovative UniPren which maintains cool temperature of your knee and improves healing.

**NOTE!** If chronic inflammation presents, it is recommended to use the bag as a part of heat therapy. To do this, fill the bag with hot water and apply it to the painful area. The heat constant temperature reduces pain and relaxes muscles and limits the cramps.

**HOT/COLD  
BAG WITH  
AIR-RELEASE  
VALVE**



## TB-24

Thermal knee brace TB-24, equipped with cold hot pack offers cold and hot therapy. The brace reduces the pain in case of knee injury or degenerative conditions. Gel compress may be used in 2 ways:

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.
- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

**HOT/COLD  
GEL PACK**



INNOVATIVE



CLASS I  
MEDICAL DEVICE



UNIVERSAL  
SIZE



FULL RANGE  
OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED  
BY SPECIALISTS

# HOT/COLD THERAPY UNIVERSAL BRACE

## INDICATION :

### HOT THERAPY OPTION:

/chronic muscles pain,  
/muscle tensions, cramps,  
/rheumatoid arthritis (RA),  
/cold sensation, wrist, elbow, ankle,  
/forearm and calf degenerative conditions.

### COLD THERAPY OPTION:

/ankle sprain or strain,  
/ankle painful syndrome,  
/tennis elbow, golfer's elbow,  
/elbow stress fractures,  
/wrist sprain or strain,  
/wrist dislocation,  
/shin splint,  
/chronic joints instability,  
/degenerative joints conditions.



ELBOW BRACE



CALF BRACE



ANKLE BRACE



WRIST & FOREARM  
BRACE

These are medical devices.  
Use them according to the instructions for use or label.

# THERMAL UNIVERSAL BRACE



## TB-05

Universal thermal brace TB-05 is innovative solution combining cryotherapy and compression. Cold therapy is provided with crush ice. Combining an UniPren wrap around brace and air-release valve molds the crush ice around your wrist, elbow, ankle or shin for optimal cold treatment.

**NOTE!** If chronic inflammation presents, it is recommended to use the bag as a part of heat therapy. To do this, fill the bag with hot water and apply it to the painful area. The heat constant temperature reduces pain and relaxes muscles and limits the cramps.

- HOT/COLD BAG WITH
- AIR-RELEASE VALVE



## TB-25

Thermal universal brace TB-25, equipped with cold hot pack offers cold and hot therapy. Combining an UniPren wrap around brace molds the cold or hot compress around your wrist, elbow, ankle or shin for optimal treatment. The brace reduces the pain in case of joints injury or degenerative conditions. Gel compress may be used in 2 ways:

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.
- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

- HOT/COLD GEL PACK
- 



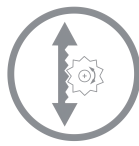
INNOVATIVE



CLASS I  
MEDICAL DEVICE



UNIVERSAL  
SIZE



FULL RANGE  
OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED  
BY SPECIALISTS



# HOT/COLD THERAPY **BACK & HIP** BRACE

## INDICATION :

### HOT THERAPY OPTION:

- /chronic muscles pain,
- /muscle tensions,
- /back pain, cramps,
- /rheumatoid arthritis (RA),
- /cold sensation,
- /back or hip degenerative conditions,
- /menstrual pain

### COLD THERAPY OPTION:

- /sacroiliac arthrosis/instability,
- /painful syndrome of the pelvis muscles or tendinopathy,
- /coxarthrosis,
- /overused hip,
- /painful lower back syndrome,
- /overused muscles of back,
- /back muscles strain/sprain



HIP BRACE



PELVIS BRACE



SO



LSO



TLSO

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Use them according to the instructions for use or label.

# THERMAL BACK & HIP BRACE



## TB-06

Thermal back and hip brace TB-06 is more than compression! Ice bag filled with crush ice provides excellent cold therapy, reduces pain and inflammation. Wrap around brace with pocket and ice bag with air-release valve improves surface contact and compression. The brace is made of innovative UniPren which maintains cool temperature of your hip, lower and/or upper back and improves healing.

**NOTE!** If chronic inflammation presents, it is recommended to use the bag as a part of heat therapy. To do this, fill the bag with hot water and apply it to the painful area. The heat constant temperature reduces pain and relaxes muscles and limits the cramps.

**HOT/COLD BAG WITH AIR-RELEASE VALVE**



## TB-26

Thermal back and hip brace TB-26 equipped with cold hot pack offers cold and hot therapy. Combining an UniPren wrap-around brace molds the cold or hot compress around your back and hip for optimal treatment. The brace reduces the pain in case of joints injury or degenerative conditions. Gel compress may be used in 2 ways:

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.

- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

**HOT/COLD GEL PACK**



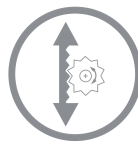
INNOVATIVE



CLASS I MEDICAL DEVICE



UNIVERSAL SIZE



FULL RANGE OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED BY SPECIALISTS

# HOT/COLD THERAPY UPPER BACK BRACE

## INDICATION :

### HOT THERAPY OPTION:

- /chronic muscles pain,
- /muscle tensions,
- /back pain,
- /cramps,
- /rheumatoid arthritis (RA),
- /cold sensation,
- /back degenerative conditions.

### COLD THERAPY OPTION:

- /trapezius muscle strain/sprain,
- /upper back overusing,
- /neck muscle pain.



UPPER BACK  
BRACE

These are medical devices.  
Use them according to the instructions for use or label.



# THERMAL UPPER BACK BRACE



## TB-07

Thermal back brace TB-07 combines compression and cryotherapy in 1 product! It consists of neoprene wrap and 2 ice bags. These bags may be used in 2 ways: as a ice treatment for upper back and neck area or as a cold therapy for left and right side of trapezius muscle. The caps of the bags are equipped with air-release valve which removes air pockets for perfect fitting. Also, you can purchase 2 bags more for providing complex ice treatment for whole back and neck area.



**NOTE!** If chronic inflammation presents, it is recommended to use the bag as a part of heat therapy. To do this, fill the bag with hot water and apply it to the painful area. The heat constant temperature reduces pain and relaxes muscles and limits the cramps.

**HOT/COLD BAG WITH AIR-RELEASE VALVE**



## TB-27

Thermal back brace TB-27 equipped with cold hot pack offers cold and hot therapy. Combining an UniPren wrap around brace molds the cold or hot compress around your back for optimal treatment. The brace reduces the pain in case of joints injury or degenerative conditions. Gel compress may be used in 2 ways:

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.
- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

**HOT/COLD GEL PACK**



INNOVATIVE



CLASS I  
MEDICAL DEVICE



UNIVERSAL  
SIZE



FULL RANGE  
OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED  
BY SPECIALISTS

# HOT/COLD THERAPY KNEE BRACE

## INDICATION:

### HOT THERAPY OPTION:

- /chronic muscles pain,
- /muscle tensions, cramps,
- /rheumatoid arthritis (RA),
- /cold sensation,
- /knee degenerative conditions.

### COLD THERAPY OPTION:

- /knee sprain and strain,
- /ligaments injury (ACL, LCL, PCL, MCL),
- /jumper's knee,
- /patellar tendinitis,
- /runner's knee,
- /knee instability,
- /knee osteoarthritis (OA),
- /knee surgeries (arthroscopy).



KNEE BRACE



ANATOMIC  
PATELLA DONUT

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# THERMAL KNEE BRACE



## TB-28

Thermal knee brace TB-28 with patella donut, equipped with cold hot pack offers cold and hot therapy. The brace reduces the pain in case of knee injury or degenerative conditions. Gel compress may be used in 2 ways:

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.
- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

Anti-slip tape is used in the lower and upper part of the product.

 **HOT/COLD**  
 **GEL PACK**



INNOVATIVE



CLASS I  
MEDICAL DEVICE



UNIVERSAL  
SIZE



FULL RANGE  
OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED  
BY SPECIALISTS



# HOT/COLD THERAPY HIP BRACE

## INDICATION :

### HOT THERAPY OPTION:

- /chronic muscles pain,
- /muscle tensions,
- /cramps, cold sensation,
- /hip degenerative conditions,

### COLD THERAPY OPTION:

- /hip osteoarthritis, /hip related sciatica,
- /adductor related groin pain,
- /adductor tendinopathy,
- /gluteal tendinopathy,
- /femoroacetabular impingement - FAI,
- /soft pain tissue (iliopsoas bursitis or tendinopathy),
- /lower back pain,



DON'T APPLY ON THE SKIN  
IF THE PRODUCT IS HOT!



HIP BRACE

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These are medical devices.  
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# THERMAL HIP BRACE



## TB-29

Thermal hip brace, equipped with cold hot pack, offers cold and hot therapy. The brace is excellent for cooling or warming the hip joint, reducing its pain, both after injury and in cases of chronic rheumatoid inflammation.

- chilled in the refrigerator or freezer provides therapeutical effects in case of muscles or joint acute injuries.
- warmed up in the microwave offers hot therapy provided in case of chronic rheumatological or neurological pain.

Anti-slip tape is used in the lower and upper part of the product.



 **HOT/COLD GEL PACK**



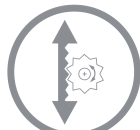
INNOVATIVE



CLASS I MEDICAL DEVICE



UNIVERSAL SIZE



FULL RANGE OF ADJUSTMENT



2 IN 1



LATEX-FREE



DURABLE



RECOMMENDED BY SPECIALISTS

## UNIPREN

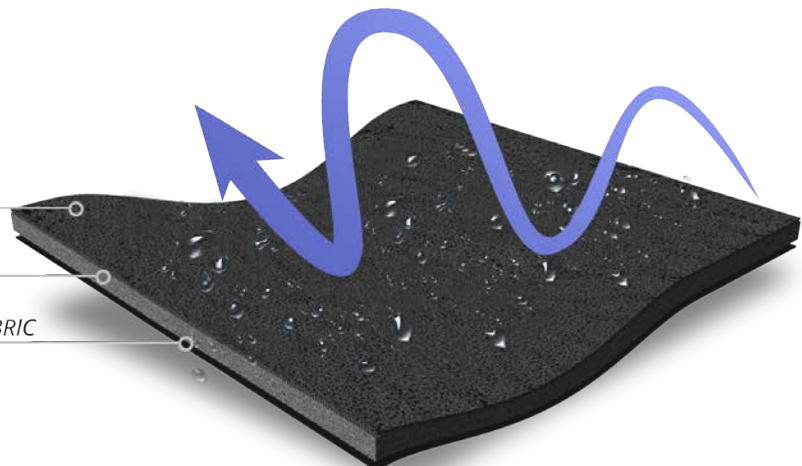
**UniPren™** is a universal 3-layer material consisting of an external elastic polyamide cover knit with a self-adhesive function, an internal neoprene foam core and an elastic jersey cover knit. This material is characterized by softness and very high flexibility. A very important advantage of this material is the fact that it is not a knitted product, it does not have thick fibers, so that the weaves of the material do not imprint on the patient's skin and do not cause abrasions in places of high compression. Products made of **UniPren™** are the strongest and most effective stabilizing orthoses available on the market. Self-adhesive function, the raw material makes it much easier to use.



LOOP FABRIC

NEOPREN FOAM

POLYAMIDE FABRIC



**UNIPREN™**

# ATHLETES AUSTIN CARTER

Since I remember I've been playing Football. I am the Quarterback. I played for the Itasca Community College Vikings and then from there I've played for the Rivals Professional Football league. It's a Developmental league to the NFL (National Football League) and CFL (Canadian Football League). Playing Football in America I got a bumps and bruises such as stingers also a sore shoulder at times due to playing Quarterback. My experience in Poland so far is very good although at times I need to ice my shoulder or lower back due to throwing and squats.

My physiotherapists provided me Thermal Braces® products which sooth pain o just keep the body healthy. In this way, my muscles are in top condition for each performance.



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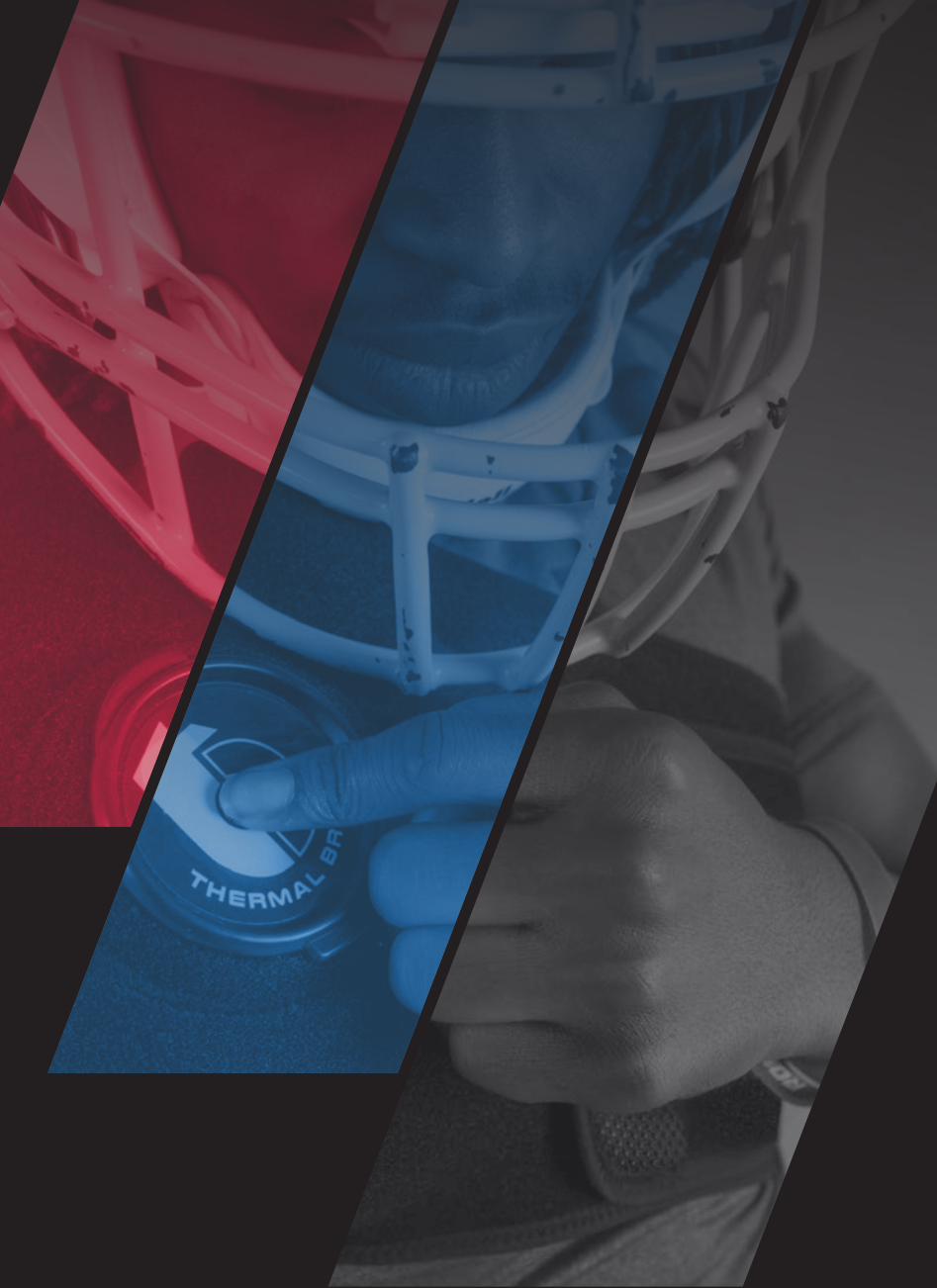
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